NOT ME!

TIPS SHEET

CHILDREN

- Communicate: Talk to your parents, siblings, friends and teachers.
- As part of your Family Safety Plan, develop a password. Don't share it with anyone.
- Use the buddy system when going anywhere without an adult (like to the rest rooms, walking to and from school, to the snack bar, etc.).
- Use 'No!,' go and tell an adult if you feel threatened. (It's okay to scream and run.)
- Don't talk to strangers. If an adult in a car asks for your help, run in the opposite direction from which the car is pointed and yell for help.
- Trust your instincts. If something doesn't seem right, it probably isn't.
- Don't trust everyone that you chat with on the computer. If you're uncomfortable about something someone is asking you to do, tell an adult.

PARENTS

- If your child is missing, report it to the police immediately.
- Develop a safety plan with your children in case you become separated. Rehearse it at least once a year.
- Communicate with your children in language they understand.
- Create a password. Tell your children to keep it a secret.
- Go over your child's schedule with them each morning.
- Get to know your neighbors and anyone who might be staying with them.
- Monitor your child's use of the internet.
- Child Molesters are required by law to register at www.familywatchdog.us. Check this site regularly.

"Don't leave your child's safety to chance."

—Det. Sgt. Mason Land Jr., Baltimore City Police

Resources:

National Center for Missing and Exploited Children (NCMEC) or 1-800-THE-LOST
The Doe Network (contact address)
www.familywatchdog.us
Protectchildren.com
Missing and Exploited Children's Association, Maryland Chapter
www.lostchildren.org
www.baltimorepd.org/childissues.html
missing children.com

Not Me!!!

Not Me!, an interactive, educational DVD designed to help prevent abductions, features a 20-minute program chock-full of safety and prevention tips. Targeted toward children and their parents, teachers and caregivers, NOT ME! is accompanied by a TIPS SHEET, which outlines many of the program's message points and includes a list of additional resources. The DVD also contains several other features for learning enhancement and reinforcement, such as a SAFETY QUIZ and SAFETY ADVICE from experts.

(ORDER FORM)

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I'd like to order _____ *(insert quantity)* _____ DVD or _____ VHS *(check one)* of NOT ME! @ $19.95 each.

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Plus 5% Tax $ 1.00 *(applies to Maryland residents only)*
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Make checks payable to NOT ME! *and mail to*: NOT ME! • 15810 Ensor Mill Road • Sparks, Maryland • 21152

Contact metaannmedia@verizon.net for additional information